



NEW Programs at the Shepherd's Center

Vital Living in July, 2017

Spreading more offerings throughout the week



At the Shepherd's Center 1700 Ebert Street, W-S, 27103

Do Drop In - Activities available on most days include: piano, computer, Skype & Wi-Fi access; puzzles; cards, games; social/reading corner; book & puzzle exchange, card and board games, refreshments and friends.

Tech Savvy One-on-One

Let the experts help you with your computer issues.

July 17th, 2017 2:00 pm to 5:00 pm. Last appointments at 4:30 pm.

Must call 336-748-0217 to book your 30 minute appointment with Don Ilko or Scott Gillentine. Ask for Emma.

Meaningful Monday - Health & Education Series

Grief and Aging: What's Growing Older Got to Do with It?

Monday, July 24 - 1:00 - 2:30 pm

Join S. Kelley Ryan, LCSW, Counselor
Hospice & Palliative CareCenter



Travel with Us on Tuesday - Local Tours

Intergenerational Day Trip & Tour
Well behaved children & grands invited!

All-A-Flutter Butterfly Farms & the Piedmont Triad Farmers Market

Depart 10:00 am Tuesday, July 18th from Moore Baptist Church

5000 Moore Blvd, Winston-Salem, NC 27103. Return 3:00 pm

Cost \$10 per person. Registration and to register

Deadline for registration: Monday, July 17th, 5:00 pm at Moore Baptist Church

Mail to: Beverly G. ... 2120 Leas Lane, Winston-Salem, NC 27103

**FULL
Waiting List Only**



Way Back Wednesday - Local, World, Ancient & Current History

Join us for a discussion about what led up to:

"The Declaration of Independence"

Wednesday, July 12th, 2017 - 2:30 - 4:00 pm

with Paul McCraw. This is going to be interesting.



Thought-Provoking Thursday - Lifelong Learning

Using Essential Oils to Trigger Your Body's Natural Response to Relieve Chronic Symptoms

with Jenna Edwards Thursday, July 27 - 2:00 - 3:30 pm

This presentation contains information only
and does not offer medical advice.



Fun Friday Concert - July 21, 6:30 - 8:00 pm

Join us for a little "bluegrass" with Train Wreck

NEW group "Busking Out" will open the show

You **MUST** register for Special Events and Concert offerings.
Space may be limited at the NO Cost offerings and on the Day Trip.
If you are not registered how do we know to save a seat for you?



Call 336-748-0217. Donations are always appreciated.